

NEWS

VOLUNTEER CENTER OF BERGEN COUNTY, INC.

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No end date may be repeated through 2010

GUIDE TO VOLUNTEERING IS AVAILABLE

North Jersey---A newly updated, comprehensive guide to volunteering in and near Bergen County is now available. Published by the Volunteer Center of Bergen County, the 2010 **Guide to Volunteering** lists more than 300 nonprofit agencies and 1,100 volunteer positions for people of all ages. The book will be especially helpful to students seeking ways to fulfill community service requirements.

In addition to listing volunteer positions at agencies, the guide offers tips on how groups can organize their own volunteer projects, including collection drives, ideas for family volunteering and information about great youth volunteer websites. Also included are lists of project ideas that people can do alone or with a group.

The guide is indexed and cross-referenced to help prospective volunteers find volunteer opportunities that fit their interests, geographic location and availability. Also listed are volunteer positions suitable for high school students, students under age 14, and families who want to volunteer together.

Bergen County high schools, middle schools and libraries have received the guide; it is also available from the Volunteer Center. Copies may be ordered online at www.bergenvolunteers.org. There is a \$5.00 shipping and handling charge.

To order by phone, or to learn more about volunteering in general, contact the Volunteer Center at 201-489-9454.

The Volunteer Center's web site, www.bergenvolunteers.org, features a searchable database of volunteer opportunities in and around Bergen County. Individuals, groups, students and businesses interested in volunteering may look for opportunities by keyword, by area of interest or by geographic location. The web site also includes information about Volunteer

Center programs and services as well as links to a variety of other web sites covering such topics as mentoring, youth service and service learning. The 2010 Guide can also be downloaded free of charge from the website.

Founded by the Junior League in 1966, the Volunteer Center of Bergen County strengthens the community by connecting people with opportunities to serve, operating model volunteer programs, building capacity for effective volunteering, and participating in strategic partnerships that meet community needs.

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